

PE 2023-24 LONG TERM PLAN	Autumn				Spring				Summer			
	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2	
	BEAM BLOCK A		BEAM BLOCK B		BEAM BLOCK C		BEAM BALL SKILLS		BEAM A/B/C ON LARGE APPARATUS		DANCE	
	Revise and refine the fundamental movement skills											
Year 1	INDOOR Toys dance	OUTDOOR Rolling Balls	INDOOR Gymnastics 1	OUTDOOR Baseline unit	INDOOR Zog dance	OUTDOOR Catching and bouncing	INDOOR Gymnastics 2	OUTDOOR Underarm throw	INDOOR Three little pigs	OUTDOOR Tri throlf	INDOOR Supertato	OUTDOOR Athletics
Year 2	INDOOR Gymnastic activities	OUTDOOR Net and wall	INDOOR Piggy in the Middle: Games	OUTDOOR Playground Games in the 20 th Century	INDOOR Dance - Explorers	OUTDOOR OAA – The Great Outdoors	INDOOR Dance – Once Upon a Giant	OUTDOOR Athletics	INDOOR Dance - Seaside	OUTDOOR Games: Striking & Fielding	INDOOR End of KS1 Assessment	OUTDOOR FMS – Bounce Ball
Year 3	INDOOR Egyptian dance	OUTDOOR Invasion games - Netball	INDOOR Gymnastics 1	OUTDOOR Net and Wall 1	INDOOR Dance – Rock and Roll	OUTDOOR Invasion games – Basketball	INDOOR Gymnastics 2	OUTDOOR Target games - Dodgeball	INDOOR Creative Games – Tag and Target	OUTDOOR Striking and Fielding - Cricket	INDOOR Athletics	OUTDOOR Striking and Fielding – Rounders.
Year 4	INDOOR Gymnastics	OUTDOOR Invasion Games – on the attack	INDOOR Dance	OUTDOOR Invasion Games – on the attack	INDOOR Dodgeball	OUTDOOR Swimming Phase 1	INDOOR Gymnastics	OUTDOOR Swimming Phase 2	INDOOR Swimming Phase 3	OUTDOOR OAA - Teamwork	INDOOR Swimming Phase 4	OUTDOOR Athletics
Year 5	INDOOR Dance	OUTDOOR Swimming	INDOOR Gymnastics	OUTDOOR Swimming	INDOOR Badminton	OUTDOOR Invasion Games – Football	INDOOR Netball	OUTDOOR Rugby	INDOOR Athletics	OUTDOOR Rounders	INDOOR Tennis	OUTDOOR Orienteering
Year 6	INDOOR Victorian dance	OUTDOOR Invasion Games - football	INDOOR Gymnastics 1	OUTDOOR Cricket	INDOOR Badminton	OUTDOOR Hockey	INDOOR Netball	OUTDOOR Orienteering/ Team work OAA	INDOOR Athletics	OUTDOOR Rugby	INDOOR Tennis	OUTDOOR Rounders