Relationships, Sex and Health Education



The Relationships, Sex and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools. Sex education is not compulsory in primary schools but the Bishops of England and Wales made this aspect of the curriculum mandatory in Catholic Schools from 2017.



The governors at St Joseph's have adopted the 'Journey in Love' programme to support the non-statutory Relationships and Sex Education in a Christian context. The programme is authentic to the teaching of the Catholic Church and is intended to support teachers and parents in Catholic schools to enable the holistic growth of children. We acknowledge that parents and carers are the key persons for children learning about sex and relationships, the foremost educators. Our programme should complement their role in nurturing their children's human wholeness. As part of our commitment to you, we will hold a meeting annually for the parents and carers of children in Years 5 and 6 to discuss the programme's contents. You have the right to withdraw your child from this aspect of the curriculum however, this is not to be confused with curriculum Science which is statutory.